



CARB-ORATORS TOASTMASTERS CLUB #4837

AREA 44 * Division D * District 39 * Region 1

APRIL 2003 NEWSLETTER

CLUB ACHEIVEMENTS

Congratulations to Hafizur Chowdury for completing his Competent Toastmaster (CTM) certification, the completion of ten speeches emphasizing the various aspects of good speaking. Also, congratulations to La Ronda Bowen-Fruin, for completion of her Competent Leader (CL) certification, involving club leadership, speaking, and planning.

AREA COMPETITIONS

Speaking contests were held March 14 for the five Sacramento Area 44 clubs. In a stellar performance, CARB-Orator Cindy Chain-Britton competed in the International Speech contest with her speech "Is Your Glass Half Full or Half Empty?" and won first place! Aron Livingston also brought honor to the CARB-Orators club with a second place finish in the speech evaluation contests, where contestants give an impromptu two to three minute speech evaluating a "model" speech. Congratulations to Cindy and Aron, for one of the best CARB-Orators' finishes in local competition in recent memory!

The District competition, involving the winners of the Area contests, will be May 2 at the Board of Supervisor's Building, 700 H Street, at 7 p.m. Contests are open to the public. Please show up to support Cindy and see what experienced speakers have gained from being Toastmasters.

OPEN HOUSE CAPS SUCCESSFUL TOASTMASTERS WEEK

Dozens of current and potential Toastmasters attended a lively Open House and meeting on February 4, 2003 in the Cal-EPA building as part of Toastmasters Week. The Pestmasters, Trash Talkers, Golden State Capitol, and River City Toastmasters joined CARB-Orators in promoting Toastmasters, both at information tables and in the tightly-run Demonstration Meeting. Several future CARB-Orators enjoyed the free food and speaking advice. New CARB-Orator Erin Blanton said, "I was already considering joining, and seeing Toastmasters groups in action and learning more about CARB-Orators in particular really helped push me to join." CARB-Orators looks forward to participating in future open houses.

NEW MEMBERS

New CARB-orators members this quarter: Erin Blanton of the Enforcement Division; Dwight Oda of the Planning and Technical Support Division; Dawit Tadesse of the Water Board; and Cathy Carlson of the Stationary Source Division. Welcome!

SURVEY RESULTS

According to a survey of CARB-Orators, those responding to the CARB-Orator's Satisfaction Survey rated the club as ranging from being very helpful to being extremely helpful in providing speaking, mentoring, and leadership opportunities.

Suggestions for improvement included starting more promptly, more time for feedback, and more opportunities to do table topics, evaluations, and speeches.

VISITORS WELCOME: CARB-Orators invites you to visit one of our dynamic meetings and see how members learn to speak more clearly and concisely through receiving feedback in a friendly environment. Join us on Tuesdays, 12-1 p.m., in Conference Room 720 on the 7th floor, 1001 I Street.

For information on joining CARB-Orators, please contact Judy Yee, VP Membership, at 322-9148 or Hafizur Chowdhury, President, at 322-2275. For general Toastmasters program information, see the following websites: www.toastmasters.org and www.district39.org.